

# Meredith Leigh Threatt Montgomery, Ed.D., LPCC-S

Assistant Professor, University of Dayton  
Dept of Counselor Education and Human Services  
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## EDUCATION

- Ed.D. **University of Cincinnati**, Cincinnati, OH May 2018  
Counselor Ed & Supervision [CACREP-accredited]  
*Dissertation: How do CACREP-accredited programs prepare doctoral students as educator?* [thematic analysis study]
- M.S.Ed **University of Dayton**, Dayton, OH August 2011  
Community Mental Health [CACREP-accredited]
- B.S. **Meredith College**, Raleigh, NC May 2004  
Major: English (19<sup>th</sup> Century British Literature)

## LICENSE/CERTIFICATIONS

Supervising Professional Clinical Counselor September 2011 - Present  
*Lic.#: E.1000524-SUPV by the Ohio CSWMFT Board*

## PROFESSIONAL EXPERIENCE

**University of Dayton, Assistant Professor & Clinical Experience Coordinator** August 2018 – Present  
*Teaching CACREP-Core Mental Health & School Counseling courses  
Managing the Clinical Mental Health Practicum & Internship program*

**Atrium Counseling Services ([www.AtriumTherapy.com](http://www.AtriumTherapy.com)), Supervisor** September 2011 – Present  
Diagnose and treat mental and emotional disorders for clients, ages 6yo through adulthood.  
Provide clinical supervision to Licensed Professional Counselors (LPCs) working toward independent licensure and Licensed Professional Clinical Counselors (LPCCs) working toward Training Supervision designation via individual and group supervision.

**University of Dayton, Adjunct Faculty Member** August 2013 – August 2018  
*Foundation Courses [CACREP-Core; Mental Health & School Counseling] as faculty of record:*  
Introduction to Clinical Mental Health and Ethics  
Counseling Techniques Lab  
Culminating Seminar  
Multicultural Counseling  
*Specialization Courses [School Counseling & School Psychology] as faculty of record:*  
Counseling Children & Adolescents  
Counseling Children & Adolescents Lab

**University of Cincinnati, Adjunct Faculty Member & Teaching Assistant** August 2014 – May 2018  
*Foundation Courses [CACREP-Core; Mental Health & School Counseling] as faculty of record:*  
Research and Program Evaluation

*Teaching Assistant [Undergraduate Substance Abuse Counseling Certification]:*

Family Substance Abuse Counseling [**online**]

Foundations of Substance Abuse Counseling [**online**]

\*utilized Blackboard/Canopy software to facilitate online, supplemental learning for students in all classes

**Xavier University of Louisiana, Guest Lecturer**

**November 2017**

\*maiden name: Meredith L. Threatt

**Xavier University, Cincinnati, OH, Adjunct Faculty Member** August 2015 – December 2015  
*Specialization Courses [Mental Health & School Counseling] as faculty of record:*  
Counseling and Psychotherapy

**Samaritan Behavioral Health**

*Associate Therapist II*

April 2012 – May 2014

Diagnosed and treated mental and emotional disorders for clients, ages 6yo through adulthood.  
Provided ongoing treatment for caseload averaging between 65 - 75 low to very-low income clients with a wide variety of diagnoses (e.g. ADHD, PTSD, and Schizoaffective Disorder).

*Counselor Trainee*

August 2009 – August 2011

Diagnosed and treated mental and emotional disorders for caseload averaging 50-60 clients.

**Southwest Central Ohio Procurement Technical Assistance Center (SWCOPTAC)**

**at EMTEC (Edison Materials Technology Center), Director**

December 2005 – August 2010

Managed a US Dept of Defense and Ohio Dept of Development-funded non-profit organization teaching small businesses how to sell to the government.

Resulting economic impact: Assisted over 2800+ small business clients across 33 counties in Ohio to win more than \$2.4 Billion in local, state and federal contracts and subcontracts.

**SCHOLARSHIP, PEER-REVIEWED**

***Published***

**Montgomery, M.T., & Tang, M.** (in press). Preparing CACREP-accredited Doctoral Students to Teach. *Journal of Counselor Preparation and Supervision*. Accepted for publication July 6, 2020.

Tang, M., **Montgomery, M.L.T.**, Collins, B., & Jenkins, K. (in press). Integrating Career and Mental Health Counseling: Necessity and Strategies. *Journal of Employment Counseling*. Accepted for publication June 14, 2020.

Gu, X., Tang, M., Chen, S., & **Montgomery, M.L.T.** (in press). Effects of Career Course on Chinese High-School Student Career Decision-Making Readiness. *The Career Development Quarterly*. Accepted for publication September 10, 2019.

**Montgomery, M.T.**, Shepard, B., Mokgolodi, H., Qian, M., & Tang, M. (2018). Professionalization of counseling: Perspectives from different international regions. *International Journal for the Advancement of Counselling*. doi:10.1007/s10447-018-9330-6

***Under Review***

West-Olatunji, C., Yang, M.J., Swank, J., Wolfgang, J. Yoon, E., Henesy, R., & **Montgomery, M.L.T.** (submitted 2016). Exploring counselor burnout in two southern states. Submitted to *Measurement and Evaluation in Counseling and Development* on February 25, 2016.

**MANUSCRIPTS IN DEVELOPMENT**

Montgomery, M.L.T. (in prep). Barriers to help-seeking and the mental health marketing dilemma.

**REFERREED CONFERENCE PRESENTATIONS**

Tang, M. & **Montgomery, M.L.T.** (2020). Enhance Counseling Services by Integrating Clinical and Career Counseling Strategies. Education session accepted for 2020 ACA Conference in San Diego, CA.

Courtney, C. & **Montgomery, M.L.T.** (2019). *Call for Further Research on Major Depressive Disorder*. Presented at All Ohio Counselors Conference 2019 in Columbus, OH.

**Montgomery, M.L.T.** & Tang, M. (2019). *How CES are Prepared to Teach*. Education session accepted for 2019 ACES Conference in Seattle, WA.

**Montgomery, M.L.T.** (2017). *Are we teaching counselor educators to teach? A research update.* Education session presented at 2017 ACES Conference in Chicago, IL.

Tang, M. & **Montgomery, M.L.T.** (2017). *Necessity and strategies of integrating mental health and career counseling services.* Education session presented at 2017 ACA Conference in San Francisco, CA.

**Montgomery, M.L.T.** & Tang, M. (2016). *Are we teaching Counselor Educators to teach?* Education session presented at 2016 NCACES Conference in Bloomington, MN.

**Montgomery, M.L.T.,** Tang, M., Shepard, B., West-Olatunji, C. & Mokgolodi, H. (2016). *International panel on the professionalization of counseling.* Education session presented at 2016 ACA Conference in Montreal, Canada.

**Montgomery, M.L.T.** (2015). *Teaching the ecological perspective.* Education session presented at 2015 ACES Conference in Philadelphia, PA.

Tang, M., **Montgomery, M.L.T.,** Sanning, B., Emir Oksuz, E., Marinos, D., Jones, M., Baah-biney, V. (2015). *Integration of the ecological counseling perspective in counselor education curriculum: From concepts to action.* Roundtable presentation at 2015 ACES Conference in Philadelphia, PA.

**Threatt, M.L.** (2015). *Why don't you want to talk to us? Middle class, middle-aged, white men's perceptions of their mental health surrounding a medical event.* Poster presentation at 2015 Spring Research Conference at the University of Louisville, Louisville, KY.

## **PROFESSIONAL PRESENTATIONS/TRAININGS**

**Montgomery, M.L.T.** (2017). *Counseling leadership. Know the mission. Know yourself. Engage.* Education session presented to the Leadership Institute at 2017 AOCC Conference in Columbus, OH.

**Montgomery, M.L.T.** (2017). *Time management for you and your clients.* Presentation for the Community Training Collaborative at Bethany Village in Dayton, OH.

**Montgomery, M.L.T.** (2015). *Wellness & self-care.* Presentation for the University of Dayton School Counseling & Supervision Cooperative annual training workshop at University of Dayton, Dayton, OH.

**Threatt, M.L.** (2013). *Are you a dump truck or a conveyor belt? New thoughts on self-care in & out of the counseling session.* Presentation for the University of Dayton School Counseling and Supervision Cooperative annual training workshop at University of Dayton, Dayton, OH.

**Threatt, M.L.** & Thompson, J. (2012). *Professional opportunities in community mental health.* Guest speaker, *Introduction to Community Mental Health* at Xavier University. Cincinnati, OH.

**Threatt, M.L.** (2012). *Employment opportunities and Section 3.* Presentation as part of the Maximizing multiple funding streams to improve employment outcomes workshop for the U.S. Department of Health and Human Services. Dayton, OH.

**Threatt, M.L.** (2011 – 2012). *Section 3 contracting.* Course taught 10+ times to Section 3 eligible business owners for the City of Dayton's Human Relations Council.

**Threatt, M.L.** (2011). *Networking your way to wellness.* Presented for the Epsilon Delta chapter of Chi Sigma Iota at the University of Dayton. Dayton, OH.

**Threatt, M.L.** & Thompson, J. (2011). *Personal change*. Presented to Organizational Behavior Management class at Wright State University, Dayton, OH.

**Threatt, M.L.** (2010). *Responding to RFPs*. Presentation given at the 12<sup>th</sup> Biennial Government Procurement Conference for the Partners in Contracting Corp, Indianapolis, IN.

**Threatt, M.L.** (2008). *So you want to be an entrepreneur? Up and coming trends*. Panel member at the Women’s Entrepreneurship Conference for the City of Dayton’s Minority Contractors Business Assistance Center. Dayton Convention Center, Dayton, OH.

**Threatt, M.L.** (2007 – 2009). *Teaching government contracting*. Presentation given as part of the annual APTAC national conference. Washington, DC.

**Threatt, M.L.** (2007). *Government Contracting*. Presented at the national ServPro convention, Nashville, TN.

**Threatt, M.L.** (2005 – 2009). *Procurement Technical Assistance Centers*. Presentation given as part of the Training Knowledge Opportunities Seminar for the Defense Supply Center Columbus.

**PROFESSIONAL SERVICE & LEADERSHIP**

Secretary	Faculty Affairs Committee	2019 – present
Organizer	Student Wellness & Gatekeeping (SWAG)	2019 – present
Secretary	Ohio Counseling Association	2016 – 2020
Immediate Past President	Miami Valley Counseling Association	2016 – 2017
President	Miami Valley Counseling Association	2015 – 2016
President-Elect	Miami Valley Counseling Association	2014 – 2015
Committee Member	U.C. Faculty Search Committee	2015 – 2016
Graduate Assistant	for Field Placement Coordinator	2014 – 2016

Mental Health Trainer                      Victory Project\*    2014 – 2018

\*Victory Project is a non-profit that provides 12-18yo boys with “an alternative to the streets.”  
[www.VictoryProject.org](http://www.VictoryProject.org)

**PROFESSIONAL MEMBERSHIPS**

- American Counseling Association (ACA)
- Association for Counselor Education and Supervision (ACES)
- North Central Association for Counselor Education and Supervision (NCACES)
- Ohio Counseling Association (OCA)
- Miami Valley Counseling Association (MVCA)
- Chi Sigma Iota (CSI)
- Sigma Tau Delta (STD)

**GRANTS**

**Funded: Montgomery, M.L.T. (2019).** Overcoming Barriers to Men’s Mental Health Treatment. University of Dayton SEHS Research Grant Committee. Amount: \$6500.

**Funded: Montgomery, M.L.T. (2019).** Overcoming Barriers to Men’s Mental Health Treatment. University of Dayton Summer Research Grant Committee. Amount: \$6000.

**Montgomery, M.L.T.** (2018). *What are we Teaching Counselors about how People Learn?* Submitted to University of Dayton SEHS Research Grant Proposal.

Funded: **Montgomery, M.L.T.** & Tang, M. (2016). *How are we teaching counselor educators to teach?* 2017 Faculty-Student Mentoring Grant, University of Cincinnati CECH.

Funded: **Montgomery, M.L.T.** & Tang, M. (2016). *Are we teaching counselor educators to teach?* 2016 ACES Research Grant Award. Amount: \$1800.

**Montgomery, M.L.T.** & Tang, M. (2015). *Emotional fitness program for urban youth*. Submitted to University of Cincinnati Graduate Student Government Association, Research Fellowship Program.

**Montgomery, M.L.T.** & Tang, M. (2015). *Empowering urban youth through emotional fitness program*. Submitted to University of Cincinnati, CECH Community Relations Grant Program.

**Montgomery, M.L.T.** & Tang, M. (2015). *Qualitative study of the challenges to professional identity faced by counselor educators and supervisors*. Submitted to ACES Research Grant.

**Montgomery, M.L.T.** & Tang, M. (2015). *Grounded theory study of the professionalization of counseling in Ireland*. Submitted to University of Cincinnati, CECH Diversity Grant Program.

Funded: Crosby, K. & **Threatt, M.L.** (2011). Ohio Department of Development grant to operate a Procurement Technical Assistance Program for the City of Dayton. Amount: \$250,000.

Funded: **Threatt, M.L.** (2009). Defense Logistics Agency grant to operate a Procurement Technical Assistance Program (PTAP) for the State of Ohio's Department of Development. Amount: \$250,000.

Funded: **Threatt, M.L.** (2006 – 2009). Defense Logistics Agency annual grants to operate Procurement Technical Assistance Program (PTAP) for 33 counties in Ohio for EMTEC. Amount: \$250,000.

## **PROFESSIONAL HONORS & AWARDS**

ACES Research Grant Award	2016
ACA Ethics Team Competition – 2 <sup>nd</sup> Place	2015
Chi Sigma Iota Honor Society	2009
Sigma Tau Delta Honor Society	2003