**DEPARTMENT** Health and Sport Sciences Dietetics

University of Dayton

**LOCATION** Dayton, OH USA

**EDUCATION** 

2019 <u>D.C.N., Doctor of Clinical Nutrition</u>

Rutgers University, Newark, NJ

1999 <u>M.S., Nutrition</u>

University of New Haven, West Haven, CT

1992 <u>B.S., Human Ecology (Dietetics)</u>

The Ohio State University, Columbus, OH

**POSTGRADUATE TRAINING** 

2018 <u>Integrative and Functional Nutrition Clinical Residency</u>

Rutgers University, Newark, NJ

1994 Supervised Practice: Dietetic Internship

National Health Corp, L.P., Murfreesboro, TN

LICENSURE/CREDENTIALS

1994 - Present <u>Registered & Licensed Dietitian/Nutritionist</u>

Board of Dietitians and Nutritionist (804953)

Ohio Board of Dietetic Licensing (6091)

**CERTIFICATIONS** 

2019 <u>Culinary Nutrition</u>

The Academy of Nutrition and Dietetics

2019 ServeSafe Allergens (#3994692; 2019-2022)

National Restaurant Association

2018 <u>Integrative and Functional Nutrition</u>

The Academy of Nutrition and Dietetics

**AWARDS** 

2019 <u>SEHS Excellence in Service Award</u>

University of Dayton

2017 <u>SEHS Excellence in Teaching Award</u>

University of Dayton

2016 <u>Outstanding Dietetic Educator Award-National</u>

Academy of Nutrition and Dietetics (NDEP)

Chicago, IL USA

2016 Ohio Outstanding Dietetic Educator Award-State

Ohio Academy of Nutrition and Dietetics

Columbus, OH USA

2013 <u>Dean's Outstanding Achievement Award</u>

University of Dayton

**ADMINISTRATIVE POSITIONS HELD** 

2011- Present <u>Director, Dietetics and and Nutrition Program (DPD, MDN)</u>

University of Dayton, Dayton, OH

**FACULTY POSITIONS HELD** 

2011- Present Clinical Faculty of Dietetics and Nutrition

University of Dayton, Dayton, OH

2010-2011 Adjunct Faculty of Dietetics

University of Dayton, Dayton, OH

2004- 2007 Adjunct Instructor, Department of Health, Environmental, Natural

and Physical Sciences

Pikes Peak Community College, Colorado Springs, CO

**COURSES TAUGHT** 

2011-Present Advanced Clinical Nutrition (graduate), Integrative and Functional

Nutrition (graduate), Medical Nutrition Therapy 1 and 2,

Assessment of Nutritional Status, Professional Seminar, Introduction to Food Science, Community Nutrition, Nutrition for the Adult and

Aging, Nutrition and Health

**CLINICAL EXPERIENCES** 

2018- 2019 Nash Integrative Clinic

Tipp City, OH

• Integrative and Functional Nutrition

2009-2011 Clinical Nutrition Provider, Wright-Patterson Medical Center

Wright-Patterson Air Force Base, Fairborn, OH

Outpatient- Including Bariatric and Metabolic Surgery,
 Inpatient- including ICU and Nutrition Support

2007-2008 <u>Clinical Dietitian, Greene Memorial Hospital</u>

Xenia, OH

• Outpatient, Inpatient- including ICU and Nutrition Support

1997-1998 Consulting Dietitian, Vandenberg Health and Wellness Center

Vandenberg AFB, CA

Military readiness

1994-1995 <u>Clinical Dietitian, Montana Deaconess Hospital (PT)</u>

Great Falls, MT

Clinical Dietitian, Columbus Hospital (PT)

Great Falls, MT

Clinical Dietitian, Missouri River Manor Nursing Home (SR)

Great Falls, MT

Consulting Dietitian for Eating Disorders, Rocky Mountain

Treatment Center Great Falls, MT

### **COMMUNITY and CORPORATE EXPERIENCE**

2008-2012 <u>Corporate & Community Dietitian, Kettering Health Network</u>

Kettering, OH

#### **RESEARCH ACTIVITY**

2017-present <u>Identity Transition Related to the Eating Experience in Individuals</u>

Diagnosed with Celiac Disease

University of Dayton

• In process (Analysis phase)

<u>Identity Related to the Eating Experience</u>

Doctor of Clinical Nutrition (Rutgers University)

• Finding Meaning and Purpose in the Eating Experience After Treatment for Head and Neck Cancer

2019-present

# **Primary Faculty Advisor**

Graduate Research Projects University of Dayton

- Eating experience of the individual post-bariatric surgery
- DM in post-bariatric patients
- Identification of Malnutrition Using ASPEN/AND Consensus Guidelines and GLIM Criteria
- Adherence to refeeding guidelines in critically ill patients
- The Effect of MNT on Nutritional Outcomes in Patients after Bariatric Surgery
- Breastmilk Promotion Strategies in NICU and Employing the Theory of Planned Behavior to Determine Breastfeeding Continuation of Pre-term Infants Post-Discharge
- Perceptions of Performing the Nutrition Focused Physical Exam (NFPE)

#### **INVITED PRESENTATIONS**

### National:

- Exploring the Transition of Identity in the Eating Experience in Individuals Post-Treatment for Head and Neck Cancer Poster. Presentation at Food and Nutrition Conference and Expo October 2020- Poster Presentation
- Genes, Environment, and Weight Management. Presented to Food and Nutrition Conference and Expo. San Diego, CA. September 2011.

#### State:

 Fostering a Mentoring Environment in an Undergraduate Dietetics Education Program. Ohio Nutrition and Dietetics Educators and Preceptor Conference. Columbus, Ohio November, 2018.

- Nutrition Focused Physical Exam. Presented to Ohio Consulting Dietitian Practice Group. April 2014.
- Genes and the Environment: What are the Connections. Presented to Chronic Disease Conference. Cheyenne, Wyoming May 2, 2012.

#### Local:

- The Future of Dietetics Education. Presented to the Dayton Dietetic Association, October 2017.
- Nutritional Care and Management of Celiac Disease. Presented to the Dayton Dietetic Association, Jan 2016
- The Dietetic Career: Pathways for the Future. Presented to the Dayton Dietetic Association, lan 2012.
- *Celiac Disease: A Professional and Personal Perspective.* Presented to the Dayton Dietetic Association, Jan. 12, 2011.
- Nutrition Care Process. Presented to the Dayton Dietetic Association, Jan 2010.
- Enteral Nutrition-Applications in Practice. Presented to the Wright-Patterson Medical Center Grand Rounds, May, 2009.
- The Registered Dietitian Connection in Disease Prevention. Presented to the Kettering Health Network Clinical Nursing CEU Luncheon, Oct. 18, 2008.

### Community:

- Ten Habits for a Healthy Gut. Presented to University of Dayton Health and Wellness program. February 2015.
- Perspectives of Faith: Faith and Nutrition-The Body a Temple of God. Student selected presenter, University of Dayton Faculty, Staff, and Students. November 2012.
- The Registered Dietitian in Disease Prevention. Presented to Chaminade Julienne High School student body. November 2012.
- Living Gluten Free. Presented to University of Dayton Health and Wellness Forum. March 2012.
- The Registered Dietitian The Nutrition Expert. Presented to the Southwestern Ohio Instructional Technology Association, Nov. 12, 2009. Incorporated Let's Talk Careers Program.

### **Popular Press/Publication Experience**

2014-2018

## Contributing Nutrition Writer, Cox Media

Dayton, OH

- Authored monthly nutrition articles for Dayton Daily News
- 36 articles published to date
- Sample Articles:
- Living Gluten Free Has Challenges But You Can Manage Them.

http://www.mydaytondailynews.com/lifestyles/health/living-gluten-free-has-challenges-but-you-can-manage-them/eJgx2S7wRiP8wCAtl7wmiM/ May 27, 2017

- Zinc Brings Timely Benefits.
   http://www.mydaytondailynews.com/lifestyles/health/zinc-brings-timely-benefits/1x26HDVocedoTVL1kx4LUN/.
   January 18, 2016.
- The Role of Nutrition in Preventing Chronic Inflammation. <a href="http://www.mydaytondailynews.com/lifestyles/health/the-role-nutrition-preventing-chronic-inflammation/Aac7q9wCGoxeBviAAhMrbJ/">http://www.mydaytondailynews.com/lifestyles/health/the-role-nutrition-preventing-chronic-inflammation/Aac7q9wCGoxeBviAAhMrbJ/</a>. June 20, 2016.
- Fermented Foods: The Other Probiotics.
   http://www.daytondailynews.com/lifestyles/health/fermented-foods-the-other-probiotics/5tSgssyDDG6eRIKg9xR1TK/April 20, 2015.
- Gluten Free Travel: Help for those with Celiac Disease. <a href="http://www.daytondailynews.com/lifestyles/steps-happy-gluten-free-travels/2mshkgtdDH5I0XPeNBZZqO/">http://www.daytondailynews.com/lifestyles/steps-happy-gluten-free-travels/2mshkgtdDH5I0XPeNBZZqO/</a> June 22, 2015.
- What You Need To Know About Probiotics.
   http://www.daytondailynews.com/lifestyles/health/what-you-need-know-about-probiotics/u8pHjNFyB4yOKQeTlCjy3H/ October 24, 2014

1996-1998 Contributing Nutrition Writer

Vandenberg AFB, CA

• Authored monthly nutrition articles Air Force spouse publication

# PROFESSIONAL DEVELOPMENT

2011

Clinical Practice (CDR Portfolio Available Upon Request)

2020

ACEND Program Reviewer Training; Chicago, Illinois

National Institute of Health: Office of Dietary Supplement Mary
Frances Picciano Dietary Supplement Research Practicum; Bethesda
Maryland

Selected 1/100 nationally to participate in three day
research practicum to integrate topics and research into
curriculum and clinical practice.

Institute of Functional Medicine; Integrative Gastroenterology
Celiac Preceptorship, University of Chicago
Chicago, IL

 Selected 1 of 30 nationally to participate in advanced training for medical and nutrition management and research related to Celiac disease and gluten intolerance rition in Functional Medicine, Institute of Functional Medicine

<u>Nutrition in Functional Medicine, Institute of Functional Medicine</u> Denver, CO

 Applied concept of functional nutrition medicine in clinical nutrition to include training in physical assessment and functional care model

2010	<ul> <li>Group Lifestyle Balance Training, Diabetes Prevention Program</li> <li>Pittsburgh, PA</li> <li>Selected 1/12 nationally to participate in Train the Trainer program</li> <li>Trained to provide Group Lifestyle Balance training to Air Force medical staff Air Force wide</li> </ul>
2010	<ul> <li>Wellcoaching Training, American College Sports Medicine</li> <li>12-week intensive training on motivational interviewing and Transtheoretical Model of Change</li> </ul>
2009	<ul> <li>Group Lifestyle Balance Training, Diabetes Prevention Program</li> <li>Pittsburgh, PA</li> <li>Trained on Group Lifestyle Balance program to implement program to Wright-Patterson AFB active duty, dependents, and retirees</li> <li>Developed multidisciplinary model for implementing GLB within military treatment facility- reduced attrition rate and improved patient outcomes for weight loss and diabetes prevention</li> </ul>
University	
2019	Marianist Founders Seminar, Training & Pilgrimage  Nominated and selected 1/8 university wide to study the Marianist tradition and spirituality that serves as the foundation and mission of the university to integrate Marianist educational philosophy in
2019	teaching, research and service across the university.  Mental Health First Aid Training  National public education program to identify risk factors and warning signs of mental illness and substance use to understand their impact and identify appropriate supports. Develop skills to connect persons to appropriate professional, peer, social and self-help care.
2019	At-Risk University and College Faculty Training
2018	<ul> <li><u>E-Learning Fellow</u></li> <li>Selected 1 of 16 university wide to participate in intensive training in developing innovative curriculum design for online course (graduate course: Integrative and Functional Nutrition).</li> </ul>
2015	<ul> <li>Studio Fellows: Mentoring Program</li> <li>Selected 1 of 12 university wide to participate in semester long peer mentoring program for course development and evaluation of a course (HSS 295 Active Learning re-design)</li> </ul>
2015	<ul> <li>Teaching Fellow</li> <li>Selected 1 of 24 university wide to participate in intensive training and evaluation process in the development of innovative curriculum design and peer evaluation of one course (HSS 494 Assessment of Nutritional Status)</li> </ul>

2015 <u>Active Learning Summer Seminar Series</u>

SERVICE Association Marianist Universities

2020-present AMU MEA Formation Task Force- member

University

2020-present Academic Senate-SAPC Committee Member 2020-present Path Forward Graduate Studies- member

2019-present University Vocation Implementation Team Working Group- member 2019-2020 Defining the Common Good for the University of Dayton Working

Group- member

2016 Search Committee Wellness Director- member 2015-2016 MEA Strategic Planning Committee- member

2015- Present Marianist Educator Associate -1/12 University wide selected by

**University President** 

2014-2016 UD Academy Assessment Committee- member

2014 –2018 UD Faculty and Staff Wellness Advisory Board- member 2014-Present Leadership UD (Nominated by Dean and Selected for Cohort)

**School of Education and Health Sciences** 

2020- present Chair: SEHS Graduate Academic Affairs Committee 2019 Member: Search Committee EdD Program Director

2018 - present SEHS Assessment Committee- member

2017- 2018 Co-Chair: SEHS Strategic Planning Steering Committee 2017- 2020 Member: SEHS Graduate Academic Affairs Committee

2017- Present Member: SEHS Faculty Affairs Committee

2017 Member: Search Committee for BSN Consultant
 2014-2017 Member: Undergraduate Academic Affairs Committee

2012-2013 Member: Search Committee Physician Assistant DPD Director

2012 Member: Chalk &Wire Pilot Committee

**Health and Sport Science** 

2020-present Chair: HSS Student Leader Program

2019 Member: Search Committee Nursing Program-Clinical Faculty 2017- 2020 Member: HSS Curriculum Review and Progression Committee

Member: Search Committee Director of Nursing
 Chair: Search Committee Clinical Faculty in Dietetics

2017 Member: Search Committee Sports Management tenure-track
 2016-2017 Member: Search Committee Sport Management tenure-track
 2013-2018 Chair: DPD Graduate Proposal Development Committee

2011-Present Chair: DPD Advisory Committee

2012-2013 Chair: Search Committee Nutrition and Dietetics Tenure-track

faculty

### **Professional Service**

	Reviewer Activities
2020-Present	ACEND Program Reviewer
2019, 2015	AND CPE Subject Matter Expert Reviewer
	Pocket Guide to Gluten-Free Strategies for Clients with Multiple Diet
	Restrictions, 2 <sup>nd</sup> Ed.
2015	ACEND FEM Competency Standards Reviewer
2014	Sinclair Community College DTR Program Reviewer
	Other Professional Service Activities
2019-present	NDEP Professional Mentor
	<ul> <li>Mentor new DPD Directors on roles and responsibilities of</li> </ul>
	director (currently mentoring 4 new DPD Directors)
2018 – present	Member: Miami Valley Region Interprofessional Education Cohort
2018-Present	Member: Miami Valley Nutrition Consortium
2011-Present	Member: Sinclair Community College DTR Advisory Committee
2014- 2016	Nutrition Practitioner-volunteer
	Good Neighbor House SDNP; Dayton, OH
2012-2013	Health Minority Grant Consulting RD
2008-2009	Coordinator: Special Dietary Needs Pantry
2009-2010	Member: Get-Up Montgomery Measurability Committee
	Dayton, OH

### **PROFESSIONAL MEMBERSHIPS**

2008-Present Nominating Committee Chair: Dayton Dietetic Association (2013-

2015)

President: Dayton Dietetic Association (2012-2013)
President-Elect: Dayton Dietetic Association (2011-2012)

Chair: Awards and Scholarships, Dayton Dietetic Assoc. (2009-2011)

Chair: Council on Professional Interests (2008-2009)

Member: Dayton Dietetic Association

Member: Ohio Academy of Nutrition and Dietetics Member: Academy of Nutrition and Dietetics

Member: Dietitians Integrative and Functional Medicine DPG Member: Nutrition and Dietetic Educators and Preceptors Member: Food and Culinary Professionals Practice Group Member: American Society of Parenteral and Enteral Nutrition